WEEKLY INSPIRATION CORNER

ELIZABETH BLACKADDER

In our art book collection within the various wards we work in across the different hospital sites, one of our staple artists is Elizabeth Blackadder. One of the most well-known and loved artists in Scotland, it was sad to hear of her passing last week and we thought it would be a good moment to look at one of the books that our artists who join us at our sessions like to look at. A master of watercolour, many enjoy looking at her flower and cat paintings and draw inspiration from them.

www.nationalgalleries.org/shop/books/national-galleries-scotland-books/elizabeth-blackadder-paperback

GRAMPIAN HOSPITALS ART TRUST

gram.hospitalsarttrust@nhs.scot
www.ghat-art.org.uk

Meet-up VIRTUAL ARTROOM

TO JOIN US NEXT WEEK BETWEEN 1-2PM DROP US AN EMAIL AND WE'LL SEND YOU THE DETAILS TO JOIN.

All you need is something to draw on, and any pens, pencils or paints you have with you. No previous art experience is necessary. Just bring yourself, have a blether and see what you think. We would love to see you there.

If you would like to join a session, you can find out more on our social media, or feel free to send us an email. If there is something new you would like to try out but don't know where to start then get in touch!

HOW TO BOOK A VIRTUAL CREATIVE CONSULTATION/ ARTROOM 1-2-1:

We can arrange virtual creative consultations with our Artroom artists via Virtual Patient Visiting, or using your own device. These emulate the experience we would usually have in person, offering a friendly face, advice and creative support, as well as helping if you feel stuck as to where to start/where to go next.

ART PACKS can be dropped off before the session and are filled with a selection of materials to use during the session and for you to keep for future creative endeavours. Bespoke materials can be arranged if there is anything specific that you'd like to try.

Please contact us to arrange your own Virtual Artroom Meet-up:

anna.weir@nhs.scot
amy.benzie@nhs.scot
yvette.bathgate@nhs.scot

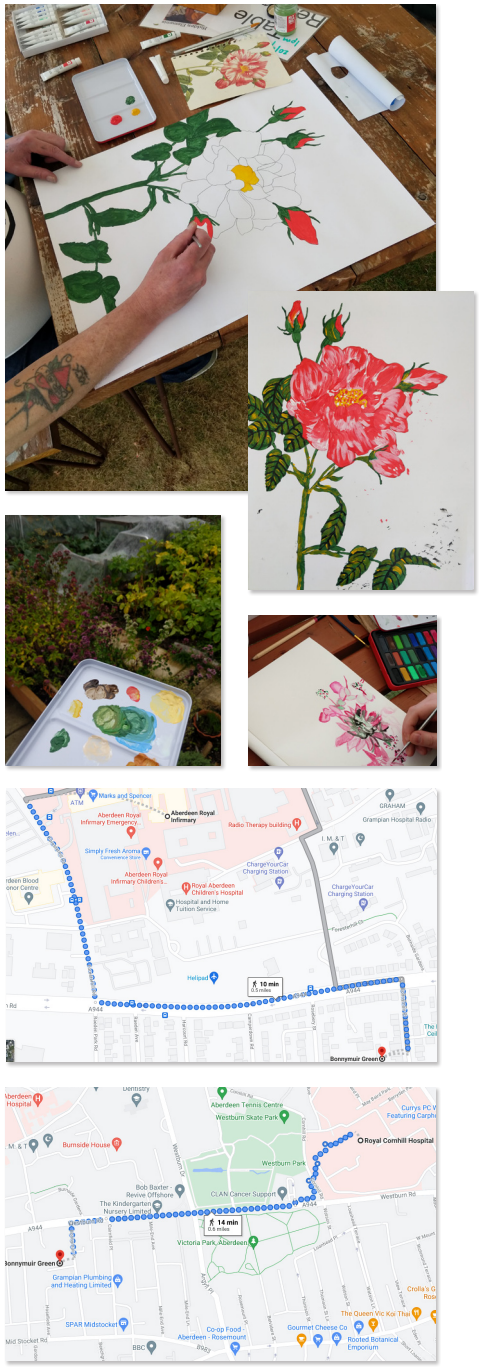
WHAT'S NEW IN ARTROOM?

After a couple weeks break from the Artroom zine we're back.

We have started in-person sessions at Bonnymuir Green, a community garden just a short walk from ARI and RCH (10 mi walk from ARI and 14 mins from RCH according to google maps). These sessions are in collaboration with the Healthy Minds team. Anyone can book a slot to attend, drop us an email. See maps screenshots of where to find us.

So far folk who have attended have tried painting for the first time ever (check out Mick's bold flower painting!), done some live portraits in pencil and watercolour, and created plenty more gorgeous art! And of course, chatted, had a laugh and drank lots of cuppas!

As well as this we have been continuing 1:1 virtual sessions, with some new faces at RACH and lots of imagination and even a possible business has been formed from a mini creative entrepreneur!



Bonnymuir Green Community Trust

healthyminds
Community Learning