WEEKLY INSPIRATION CORNER
TEXTILE WEAVING

This week we continue our weaving theme from the last couple weeks and show off local talent in the inspiration corner with **Frieda Strachan's** beautiful textile works. Frieda is a self-taught fibre artist living and working in the north east.

Check out @frieda_strachan and friedastrachan.com for more!

"THROUGH WEAVING, TUFTING, MACRAME AND OTHER CRAFTS, I INTERPRET MY SENSE OF SELF AS WELL AS THE HEALING I HAVE FOUND IN NATURE AND THE OUTDOORS. AS A MAKER, DEALING WITH TRAUMA IS A HUGE THEME OF MY WORK, USING MY WORK AND PLATFORM TO RAISE AWARENESS OF ISSUES THAT ARE IMPORTANT TO ME. I WORK WITH NATURAL YARNS TO CREATE TEXTURED, NON-LINEAR PIECES, SELLING WOVEN AND TEXTILE ART AND ACCESSORIES UNDER THE NAME QUARRY WOOD."

GRAMPIAN HOSPITALS ART TRUST

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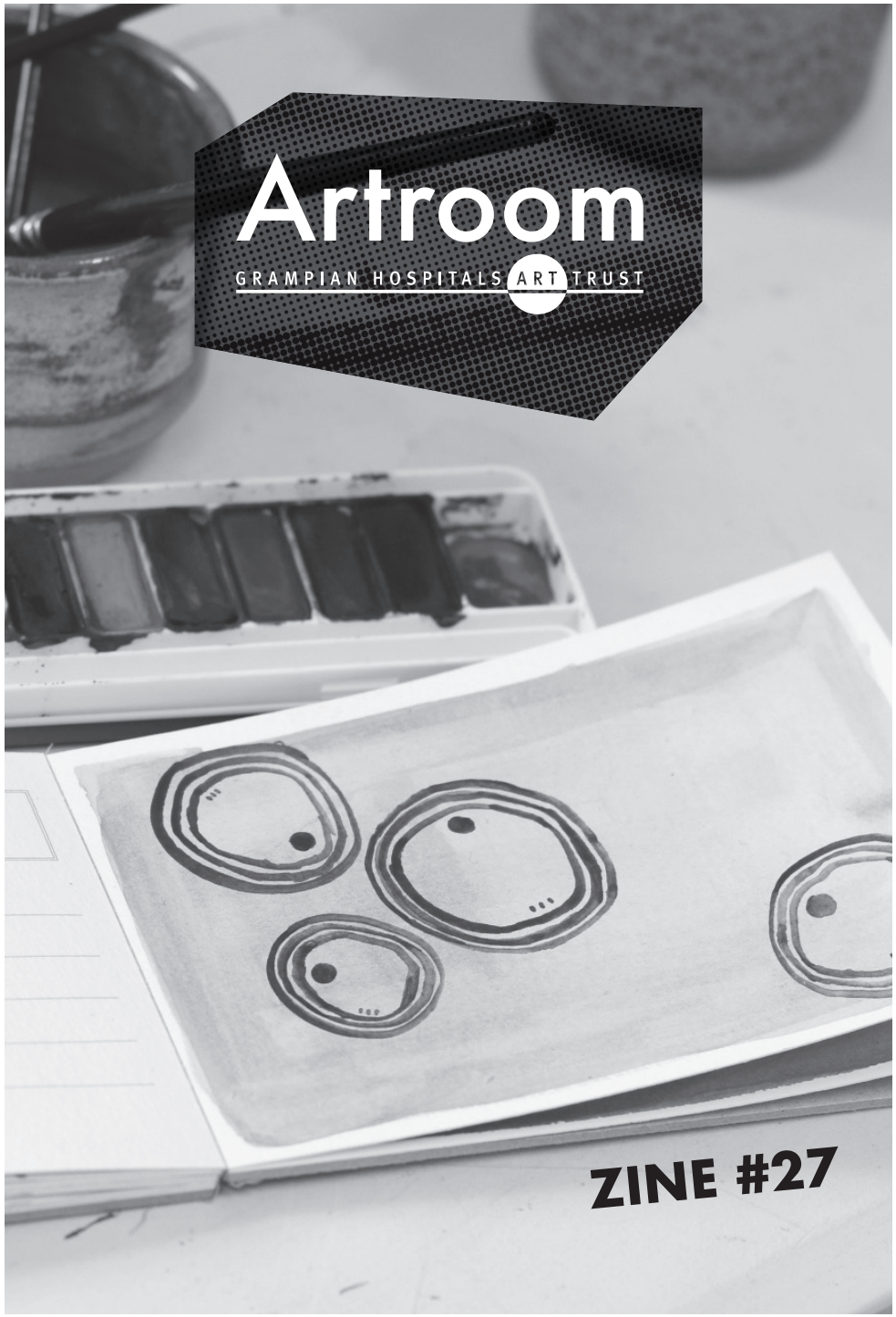

OUR WEEKLY ARTROOM VIRTUAL SESSIONS ARE EVERY WEDNESDAY 1.30PM TO 2.30PM. THEY ARE FREE AND OPEN TO ALL.

In our latest **VIRTUAL SESSION**, we drew and painted alongside each other and we brainstormed some creative ideas with a participant as they created an illustration for a book. We showed what we had been working on through the week and had a good natter along the way. These sessions are tailored by those that join so you can do anything you like during the hour. It was exciting to see participant's paintings, photography and drawings from the week.

Our next session is on the following Wednesday at 1.30pm. All you need is something to draw on, and any pens, pencils or paints you have with you. No previous art experience is necessary. Just bring yourself, have a blether and see what you think. We would love to see you there.

If you would like to join a session, you can find out more on our social media or via Eventbrite, or feel free to send us an email. If there is something new you would like to try out but don't know where to start then get in touch!

WHAT'S NEW IN ARTROOM?

First new clay pack delivered for an ongoing 1:1 session. We are looking forward to some beautiful ceramic creations! These will be collected from the participant, fired, gazed and returned ready for use.

HOW TO BOOK A VIRTUAL CREATIVE CONSULTATION/ ARTROOM 1-2-1:

We can arrange virtual creative consultations with our Artroom artists via Virtual Patient Visiting, or using your own device. These emulate the experience we would usually have in person, offering a friendly face, advice and creative support, as well as helping if you feel stuck as to where to start/where to go next.

ART PACKS can be dropped off before the session and are filled with a selection of materials to use during the session and for you to keep for future creative endeavours. Bespoke materials can be arranged if there is anything specific that you'd like to try.

Please contact us to arrange your own Virtual Artroom Meet-up:

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