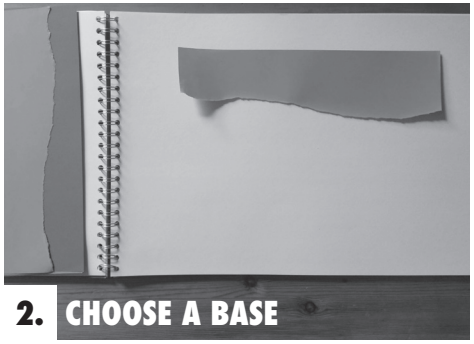
LANDSCAPE COLLAGE: STEP-BY-STEP

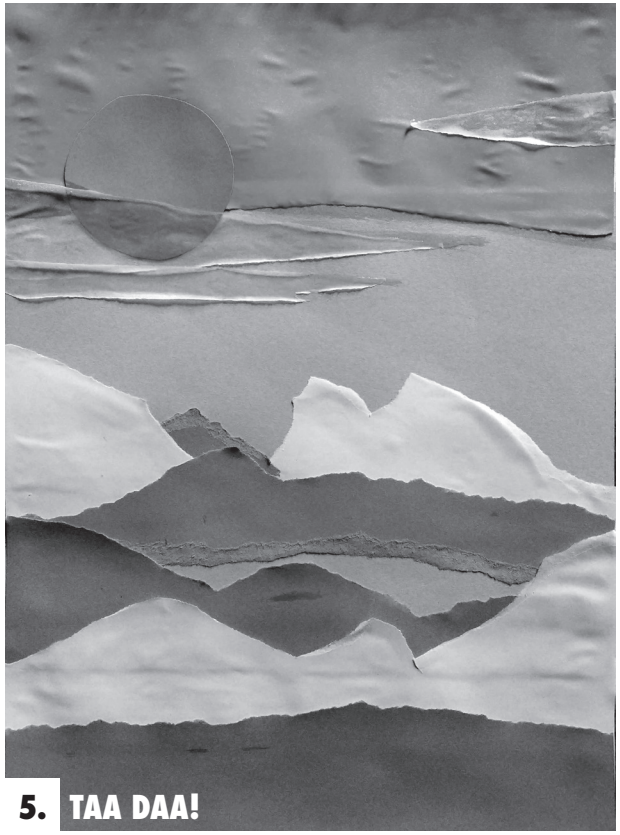
1. GRAB SOME PAPER



2. CHOOSE A BASE

3. TEAR STRIPS

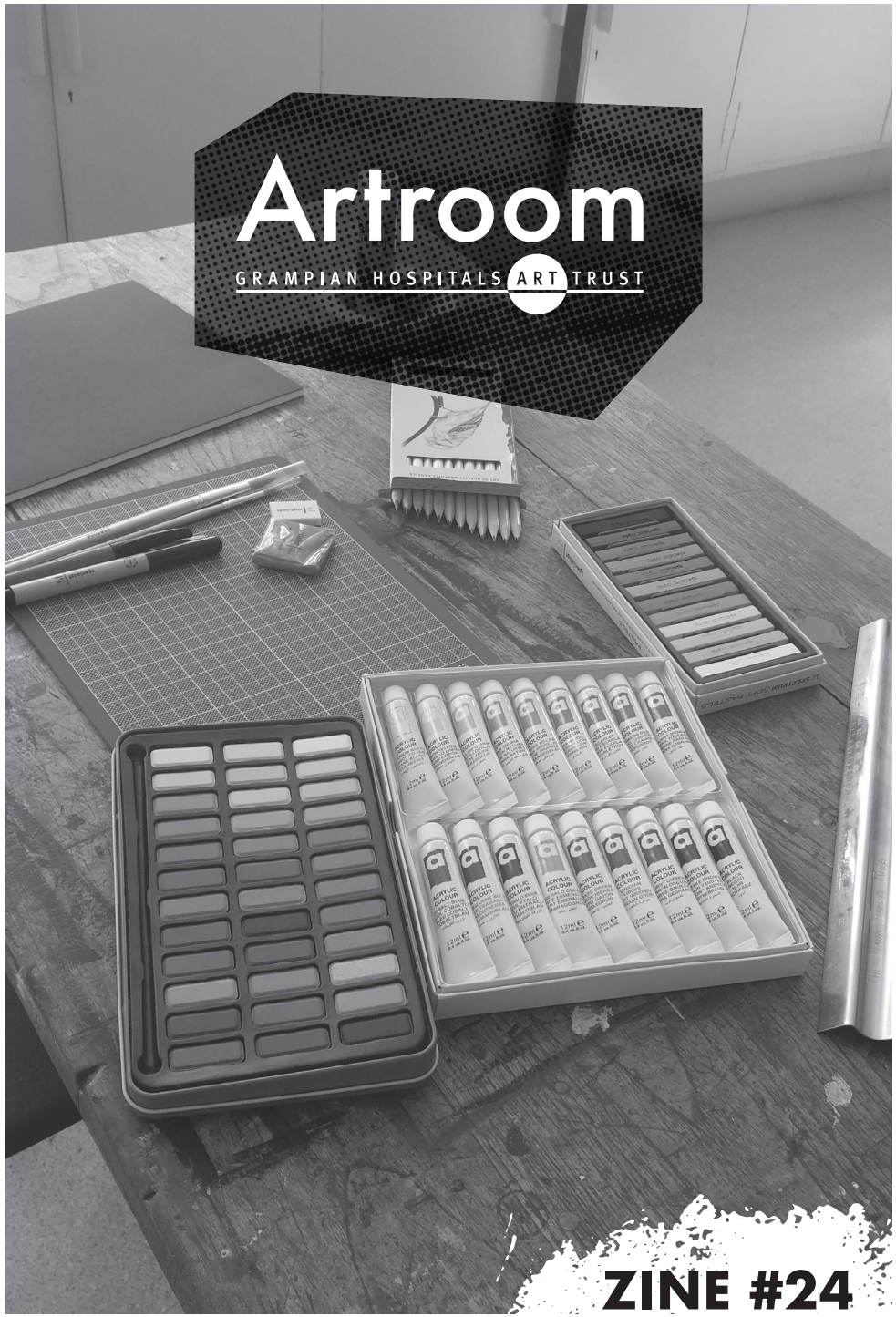
4. ARRANGE AND GLUE



5. TAA DAA!

GRAMPIAN HOSPITALS ART TRUST

gram.hospitalsarttrust@nhs.scot
www.ghat-art.org.uk



OUR WEEKLY ARTROOM VIRTUAL SESSIONS ARE EVERY WEDNESDAY 1.30PM TO 2.30PM. THEY ARE FREE AND OPEN TO ALL.

In our latest **VIRTUAL SESSION**, we drew and painted alongside each other and someone brought along some stitching too. We showed what we had been working on through the week and had a good natter along the way. These sessions are tailored by those that join so you can do anything you like during the hour.

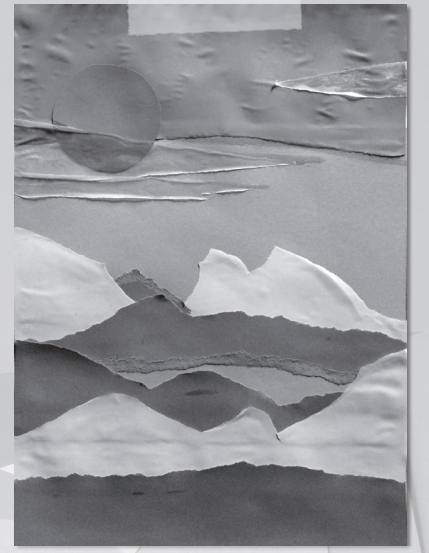
Our next session is on the following Wednesday at 1.30pm. All you need is something to draw on, and any pens, pencils or paints you have with you. No previous art experience is necessary. Just bring yourself, have a blether and see what you think. We would love to see you there.

If you would like to join a session, you can find out more on our social media or via Eventbrite, or feel free to send us an email. If there is something new you would like to try out but don't know where to start then get in touch!

WHAT'S NEW IN ARTROOM?

Artroom are so delighted to be working with the **Healthy Minds Team** to put on taster sessions in **Rosemount Community Centre**. With an array of art materials available, participants are encouraged to try out new techniques and create their own artwork based on what inspires them. Within the session, participants tried out sketching, painting with watercolours and acrylics, and drawing with chalk pastels. It was great to work in-person after so long working remotely and we are looking forward to the next one.

LANDSCAPE COLLAGE



1. Gather a selection of coloured paper or scrap paper you have lying around (playing with magazines and newspapers can be effective too - different print and images can form great texture).
2. Select one piece of paper that you will use as your base.
3. Tear or cut pieces of paper into strips – you can try out different shapes to form hills, mountains, water and clouds.
4. Arrange them in layers to form a landscape. You can play around with the arrangements for a while until you feel happy with them.
5. Finally stick all the components down to complete your beautiful landscape!

You can use this technique to create other images too, try out some other things too – a face, a plant, something abstract ... the possibilities are endless!

HOW TO BOOK A VIRTUAL CREATIVE CONSULTATION/ ARTROOM 1-2-1:

We can arrange virtual creative consultations with our Artroom artists via Virtual Patient Visiting, or using your own device. These emulate the experience we would usually have in person, offering a friendly face, advice and creative support, as well as helping if you feel stuck as to where to start/where to go next.

ART PACKS can be dropped off before the session and are filled with a selection of materials to use during the session and for you to keep for future creative endeavours. Bespoke materials can be arranged if there is anything specific that you'd like to try.

Please contact us to arrange your own Virtual Artroom Meet-up:

anna.weir@nhs.scot
amy.benzie@nhs.scot
yvette.bathgate@nhs.scot