Artroom

GRAMPIAN HOSPITALS ART TRUST

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ZINE #23

OUR WEEKLY ARTROOM VIRTUAL SESSIONS ARE EVERY WEDNESDAY 1.30PM TO 2.30PM. THEY ARE FREE AND OPEN TO ALL.

In our latest **VIRTUAL SESSION**, we drew and painted alongside each other. We showed what we had been working on through the week and had a good natter along the way. These sessions are tailored by those that join so you can do anything you like during the hour. Frogs, flowers and butterflies were created during the hour, and some participants reminisced about Hazelhead Zoo here in Aberdeen. Anna created an interesting pattern from drawing around a CD and filling in the shapes with a range of colours.

Our next session is on the following Wednesday at 1.30pm. All you need is something to draw on, and any pens, pencils or paints you have with you. No previous art experience is necessary. Just bring yourself, have a blether and see what you think. We would love to see you there.

If you would like to join a session, you can find out more on our social media or via Eventbrite, or feel free to send us an email. If there is something new you would like to try out but don't know where to start then get in touch!

WHAT'S NEW IN ARTROOM?

Artroom are so delighted to be working with the **Healthy Minds Team** to put on taster sessions in **Rosemount Community Centre**. With an array of art materials available, participants are encouraged to try out new techniques and create their own artwork based on what inspires them. ---> **COMING NEXT WEEK!**

We are busy behind the scenes putting together some new art packs so keep your eyes peeled for what's to come! One process we will be exploring is working in collage. Check out or **WEEKLY INSPIRATION CORNER** for ideas on how to get started with what you can find.

WEEKLY INSPIRATION CORNER

Henri Matisse created vibrant collages as he got older. Using bright coloured paper and scissors, he cut shapes, animals, leaves, flowers and dancers then arranged them to make large collages.

Almost anything you can find can be a material for collage – old magazines, envelopes, packaging, tissue. Once you have your materials, try picking out shapes from what you can see around you. These shapes can be cut out small or large – or both, then arranged and layered to create a whole new image.

WE WOULD LOVE TO SEE WHAT YOU CREATE!

HOW TO BOOK A VIRTUAL CREATIVE CONSULTATION/ ARTROOM 1-2-1:

We can arrange virtual creative consultations with our Artroom artists via Virtual Patient Visiting, or using your own device. These emulate the experience we would usually have in person, offering a friendly face, advice and creative support, as well as helping if you feel stuck as to where to start/where to go next.

ART PACKS can be dropped off before the session and are filled with a selection of materials to use during the session and for you to keep for future creative endeavours. Bespoke materials can be arranged if there is anything specific that you'd like to try.

Please contact us to arrange your own Virtual Artroom Meet-up:

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