GRAMPIAN HOSPITALS ART TRUST

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www.ghat-art.org.uk

Artroom

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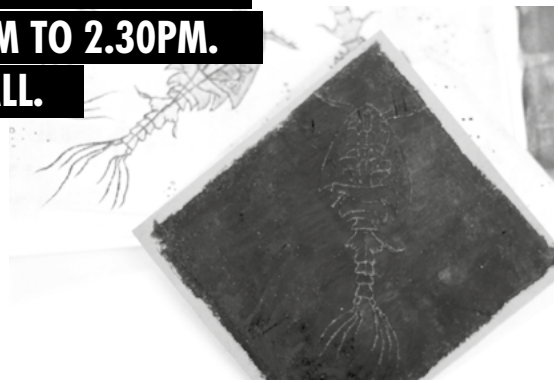
ZINE #18



OUR WEEKLY ARTROOM VIRTUAL SESSIONS ARE EVERY WEDNESDAY 1.30PM TO 2.30PM. THEY ARE FREE AND OPEN TO ALL.

In our latest **VIRTUAL SESSION**, we drew alongside each other, showed what we had been working on through the week and had a good natter along the way. These sessions are tailored by those that join so you can do anything you like during the hour. In the latest session, we explored a technique of monoprinting using just an oil pastel and paper. This was a great method for recreating images and working into them with colour.

To try the method of monoprinting, all you need to do is cover a piece of paper in a solid colour with oil pastel. Lay this piece of paper pastel side down onto the paper you want your final drawing to be on. Adding pressure onto the top piece of paper will transfer marks onto your final piece – similar to a carbon copy pad. You could try exploring different methods of mark making, tracing shapes with a pencil or creating repeat patterns. Why not work into your piece with some watercolours?

Our next session is on Wednesday the 28th April. All you need is something to draw on, and any pens, pencils or paints you have with you. No previous art experience is necessary. Just bring yourself, have a blether and see what you think. We would love to see you there.

If you would like to join a session, you can find out more on our social media or via Eventbrite, or feel free to send us an email. If there is something new you would like to try out but don't know where to start then get in touch!

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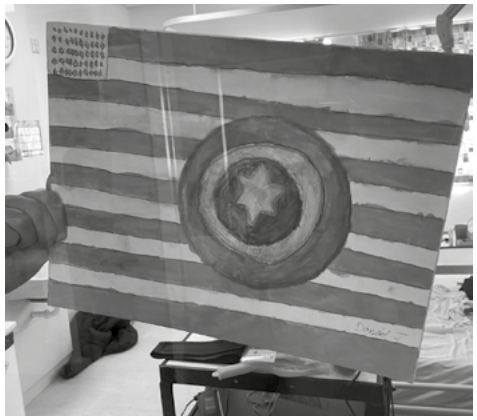

WHAT'S NEW IN ARTROOM?

The Artroom team have enjoyed working with Daniel in Royal Aberdeen Children's Hospital recently. Daniel was keen to work on shading techniques, and also explored painting some of his favourite characters. The work Daniel has been creating is incredible, and he tells us he can't wait to get them up on his walls at home.

HOW TO BOOK A VIRTUAL CREATIVE CONSULTATION/ ARTROOM 1-2-1:

We can arrange virtual creative consultations with our Artroom artists via Virtual Patient Visiting, or using your own device. These emulate the experience we would usually have in person, offering a friendly face, advice and creative support, as well as helping if you feel stuck as to where to start/where to go next.

ART PACKS can be dropped off before the session and are filled with a selection of materials to use during the session and for you to keep for future creative endeavours. Bespoke materials can be arranged if there is anything specific that you'd like to try.

Please contact us to arrange your own Virtual Artroom Meet-up:

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