



60ft! Sponsored ABSEIL Aberdeen Royal Infirmary 18 Sept 2016

Grampian Hospitals Art Trust (GHAT) has worked for over 30 years to create a uniquely positive and welcoming environment in our local hospitals and clinics. Art makes people feel more at ease in the hospitals and provides welcome distraction at times of stress. Artists also work with patients and families so they can make their very own art to take away, in our Artroom projects delivered in Royal Cornhill Hospitals, Royal Aberdeen Children's Hospital, Roxburghe House and Woodend Hospital Specialist Rehabilitation Unit.

Your support is very much appreciated. Thank you.

By entering this event you agree to allow your image to be used by George Walker Event Management and Grampian Hospitals Art Trust.

Abseil on the largest healthcare campus in Europe! Book your place now and help to raise vital funds as well as enjoying one of the best views of Aberdeen which few are privileged to see.

Your support will assist Grampian Hospitals Art Trust to help hospital environments be a better place for patients, visitors and staff.

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George Walker
EVENT MANAGEMENT LTD.

GRAMPIAN HOSPITALS **ART** TRUST

www.ghat-art.org.uk

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Registered Charity SCO16910



GHAT ABSEIL

Sunday 18th September, Aberdeen Royal Infirmary, Aberdeen, AB25 2ZN

Abseil on the largest healthcare campus in Europe!

Under the expert supervision of climbing professionals you will be amongst the first to ever abseil at this historic venue. The granite buildings were developed from the 1920's.

Book your place now and help to raise vital funds as well as enjoying one of the best views of Aberdeen which few are privileged to see.

Grampian Hospitals Arts Trust

For almost 30 years we have worked to create a uniquely positive, calming and welcoming environment in our local hospitals and clinics. We now hold the largest arts in health care collection in Scotland, with stewardship of 4,500 art works, and work collaboratively with patients, staff, and visitors to enhance facilities with a combination of artwork, colour, signage, and words.

Changing exhibition spaces: including the newly opened The Suttie Art Space which is the first purpose built art gallery in an acute hospital in the UK. It has been open for less than a year but already has become a huge asset to the Foresterhill site, providing a peaceful refuge for patients, staff and visitors alike. GHAT also programmes a smaller exhibition space in the original GHAT gallery in ARI within a well used waiting area.

Artroom: GHAT currently runs four Artroom projects which works directly with patients and families. The projects are designed to enhance wellbeing by providing specifically designed arts sessions for participants. These projects have a therapeutic and rehabilitative benefit to people; it can help build self confidence and compliment medical treatment. GHAT provides Artroom sessions at Royal Aberdeen Children's Hospital, Roxburghe House, Royal Cornhill Hospital and Woodend Hospital.

Entry

Your £20 entry fee covers the cost of staging the event and is non-refundable. This will ensure that all the sponsor money you raise will support Grampian Hospitals Art Trust. Simply complete the entry form opposite and return it with your entry fee. You will then receive sponsorship information along with all the details you need for the day, including your estimated abseil time.

Sponsorship

To take part we ask each abseiler to raise as much money as possible and to pledge to raise a minimum of £80, which is payable on the day of the event. Everyone who reaches the £80 target will receive a medal, if you raise over £120 you will receive an exclusive t-shirt, designed by Pester & Rossie.

Further Information

If you would like further information about Grampian Hospitals Art Trust you can visit the website:

www.ghat-art.org.uk

ABSEIL ENTRY FORM– please complete one per participant

Title..... Forename..... Surname.....

Home Address.....

..... Postcode.....

Tel (day)..... Tel (eve).....

Mobile..... Date of Birth.....

Email.....

How did you hear about this event?
.....

Your employer may operate a "matched giving" scheme? Yes No

Please tick your preferred time slot (not guaranteed)
0900-1100 1100-1300 1300-1500 1500-1700

Entry Fee – £20 per person £.....

Personal Donation (in addition to sponsorship) £.....

Total £.....

Gift Aid (tick this box) I am a UK taxpayer and would like my personal donation to be gift aided.
(increase the value of your donation by 28% at no cost to you).

Bacs
Please transfer your donation into the Grampian Hospitals Arts Trust account .
A/c no. 00323523
Sort code 80 -05-14
Include your name and ABSEIL in the transfer descriptor

I enclose a cheque made payable to Grampian Hospitals Art trust
I, the undersigned, wish to take part in the above challenge. I understand that this is done at my own risk and I absolve George Walker Event Management and Grampian Hospitals Art Trust from any injury incurred or any damage to property through participation. I fully understand that this is a sponsored event and I promise to raise the minimum sponsorship and to bring the minimum amount (£80) on the day of the event.

Signature..... Date.....
Parent/Guardian consent - I confirm that I am happy to allow the above minor (under 18) to participate and I will accompany that person to the event.

Signature..... Date.....

Return your completed entry form to:
GHAT ABSEIL, Kirkland House, Inverurie, Aberdeenshire AB51 3TY
telephone: George Walker on 01467 628876
e-mail: george@georgewalkerevents.co.uk