



Grampian Hospitals Art Trust

Annual Review

10

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Above, Bridget Steed, *Antarctic Circle* (detail)

Front cover image: George McArthur, untitled

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Using art for the benefit of patients, staff and visitors in NHS Grampian healthcare spaces



Chairman's Report

Over the last 25 years GHAT has achieved a tremendous amount of good work, not only in Aberdeen Royal Infirmary and the Children's Hospital at Foresterhill, but in many other hospitals and healthcare centres throughout North East Scotland. It's safe to say that we have brightened up the lives of patients, visitors and staff throughout NHS Grampian, and in doing so have earned a very high reputation throughout the UK.

In recent times, in addition to hanging high quality artworks on the walls of clinics, waiting rooms and corridors, we've taken things a step further, so GHAT team-members now advise a variety of top-level planning groups, based in the NHS and the University of Aberdeen, on matters concerning art and the visual environment in new buildings. The Emergency Care Centre now being built at Foresterhill is one example of a project which GHAT is supporting with large amounts of freely-given time and effort.

GHAT also maintains an interest in research which seeks to elucidate the links between the visual environment and healing, and is currently

involved in setting up a study using fMRI in this context.

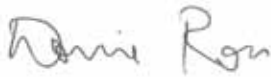
There have been other innovations. **Artroom** at Roxburghe House is a project generously supported by the Friends of Roxburghe House, which brings participation in creativity to people near the end of their lives. The improvement in quality of life of patients taking part has been extraordinary. We are pleased to announce that a second **Artroom** project, funded by The Morningfield Association, the WRVS and Creative Scotland, has recently been set up in the Specialist Rehabilitation Service at Woodend Hospital.

For the last 25 years, NHS Grampian Endowment Funds Committee has been a generous and consistent supporter of GHAT. We recently learned to our considerable regret that this arrangement is unlikely to continue beyond the current year. This news comes at the same time as our Gallery space has to be given up to allow a new MRI Scanner to be installed. Without funding, GHAT cannot survive, and without a gallery space we will find it difficult to maintain the

same very high quality of service to the people of the North East.

We have therefore commenced a programme of fund-raising, and the enclosed pamphlet shows how you can support GHAT, by donating funds or by becoming a Friend of GHAT. We sincerely hope you will support us, so please look out for further developments.

In the meantime we have also found temporary exhibition space in the Phase 2 Café area, as Anne Moore describes elsewhere in the Annual Report, so things are looking up!



Dr. Donnie Ross
Chairman, GHAT





mémé'ntō



Curator's Report



Claire
Bruce

Sandy
Milner

Anne
Moore

Carol
Imray

The close of 2010 sees us safely settled in our new blue cabin, situated off the main corridor in ARI, and enjoying the new found space and peace. We were, however, sorry to leave the Gallery and will miss the daily contact with staff and patients and the opportunity to pass on information about GHAT and the work that we do. Visitors to our outside cabin are less frequent – so please come and visit.

Another change saw us saying goodbye to Claire Bruce, who has played a major role since joining us in 2007 and taking over all our design and publicity for events and exhibitions.

It was a pleasure to work with Claire and we will all miss her calm and efficient manner. She will be difficult to replace but we wish her well in her new venture with Smart Consultants.

As Donnie said in his report GHAT has been moving in various new directions over the past decade, and requests for our services continue to increase. We have been called on to undertake several new commissions, which are currently ongoing at the University of Aberdeen Dental School and Hospital and the Integrated Drug Service on the Timmermarket site.



The new GHAT office

We have also recently completed three smaller commissions in Davan Ward, Cornhill, and in the X-ray Dept of Woodend Hospital, which are detailed on pages 10-12. Our new publication ***The Healing Environment*** documents these and other recent arts projects. Copies of this publication can be requested from the GHAT office - or can be downloaded from the GHAT website: www.ghat-art.org.uk.

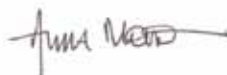
GHAT has also been involved in developing the Arts & Environment Strategy for the new Emergency Care Centre (ECC) and we are delighted that Sally Thomson will be joining us in January 2011 to take on the role of Arts Coordinator for this new facility.

Artroom, our creative arts programme for patients, is also going from strength to strength. There is growing enthusiasm from participants at Roxburghe House and we are pleased to announce that a second project has just been established in the Specialist Rehabilitation Service at Woodend Hospital. See pages 14-15 for details.

Despite all of the above we do miss the challenge (and fun) of organising and presenting a full programme of exhibitions in the Gallery and have recently secured a temporary exhibition space in

the newly refurbished Dining Room in Aberdeen Royal Infirmary. This is a light and open space which is in constant use by staff and visitors – a great place to exhibit artwork.

Our first exhibition showcased work from the 2010 Gray's Degree Show students and we hope to follow this up by exhibiting work from Aberdeen Artists Society and other artists in 2011. Watch this space.



Anne Moore
Curator



Sophie Ormerod's painting
Horse Halt
Gray's Graduates Exhibition 2010

The GHAT Collection

In 2000-10 GHAT acquired 113 new artworks with a total value of £31,620. Counted in these new acquisitions were three new commissions carried out at Woodend Hospital and the Royal Cornhill Hospital.

Purchases

GHAT purchased 55 pieces this year, with a total value of £3,325, compared to 46 pieces totalling £12,240 in the previous year.

Included in this year's purchases were Gray's Print Folio No 7 and a suite of prints by Lennox Dunbar. Bridget Steed was awarded the GHAT Purchase Prize at Aberdeen Artists Exhibition and work from new graduates Julie Benyon and Rebecca Prentice was purchased at the Gray's Degree Show.

Commissions

Three new commissions were undertaken this year. Susan Grant's work, *Arboreal*, was installed in the X-ray Dept at Woodend Hospital whilst Mike McPherson and Donna Briggs created site specific work for Davan Ward in the Dept of Old Age Psychiatry at Cornhill Hospital.

The total value of these commissions was £16,060 and we are grateful to the Gray's Graduates Society and the Lily Charlton Trust for their generous donations towards the Cornhill project. See pages 10-12 for details of these commissions.



Lennox Dunbar, *The Hungary Series* (4 of 44)

Donations

This year we were delighted to receive a special donation of a sculpture carved by the artist Keith Mellard in recognition of the work of Professor Zygmunt Krukowski. In June 2009 the sculpture, **Form 1**, was presented to Professor Krukowski and installed in the rose garden at Woodend Hospital.

In total GHAT received **26** donations this year, including a large donation of works to Ward 32 and four prints from the artist Lesley Cullan.

Shell continues to support the purchase of artworks by contributing proceeds from the sale of catalogues at the annual Aberdeen Artists Exhibition. This year's contribution was put towards the purchase of new work from the artist Alison Watson, which was created specially for Aberdeen Maternity Hospital.

Loans and Rentals

We have a total of 31 works on loan, 25 of which are on long term loan from ExxonMobil.

GHAT is currently leasing a total of 47 works to the University of Aberdeen, which are installed in the Health Science Building and the new Suttie Centre. A further 8 prints are on lease to the new University of Aberdeen Dental School and Hospital.



Keith Mellard,
Form 1
Portland stone

Installations

This year a total of 107 artworks, to the value of £38,021, was installed in 13 different locations over 10 sites, including:

- Woodend Hospital X-ray Dept
- Davan Ward, Cornhill
- Aberdeen Maternity Hospital
- Sexual Health Clinic, Square 13
- University of Aberdeen Dental School and Hospital

New Commissions

Old Age Psychiatry, Davan Ward, Royal Cornhill Hospital

In January 2009 GHAT was asked if it could help with dementia friendly improvements that were being made in Davan Ward. Two artists, Donna Briggs and Mike McPherson, were commissioned to produce site specific artworks which would not only brighten the ward but would also assist patients with such things as wayfinding, identifying their rooms, enjoying meals in the dining room and feeling at home in the reminiscence room.

Mike McPherson created individual door plates for patients' bedrooms, featuring intricately painted scenes of local landmarks: Duthie Park; The Beach Ballroom; Union Terrace Gardens and Stonehaven Harbour. He also painted images of food which were hung in the dining room to create a café atmosphere, encouraging patients to enjoy meal times.

Donna Briggs worked with the Occupational Therapist and used the everyday objects which were part of the therapist's work to create

evocative photographic 'memory boxes', each themed into groups of familiar objects which can be used by staff and relatives in their conversations with patients.

The twenty-eight specially designed artworks were installed in March 2010 and Iona Parkinson, Clinical Lead Occupational Psychologist, writes opposite on the positive effects of the artwork. We are extremely grateful to the former members of Gray's Graduates Society and the Lily Charlton Trust whose generous donations made these commissions possible.



Donna Briggs, *Reminiscence Boxes*

All the artwork in Davan has been much commented on and admired. The time spent with patients and staff by the artists, finding out what is of interest and what would help to stimulate conversation and what would help aid orientation / wayfinding has been invaluable. It seems that the art has achieved all of these aims.

Nursing staff have found that the images of Aberdeen really do help patients identify their bedrooms and if reminded, will remember that they are in the 'Duthie Park' room. Other staff, including the Occupational Therapists and Psychologist, have told me how they have used the art as a talking point to calm an agitated person or to build relationships and find out more about who the person is.

The Mental Welfare Commission visited other wards on the site but came through to see the environmental improvements in Davan. They were particularly impressed with the dining area, saying you could almost forget you were in a hospital ward and think you were in a nice cosy café.

Iona Parkinson

Clinical Lead Occupational Therapist, Old Age Psychiatry, Royal Cornhill Hospital



Mike McPherson, *Cafe Paintings* and *Stonehaven Harbour* door plate

New Commissions

Woodend Radiology Department

When the Woodend Radiology Team discussed the possibility of improving the patient ultrasound experience they invited GHAT to meet with a few of the staff to discuss their ideas and see what could be done. It takes 10 to 15 minutes to complete an ultrasound examination with the patient lying on an examination couch and the staff thought that pictures on the ceiling or on the wall facing the patient might be a welcome distraction.

The artist, Susan Grant, was commissioned to work with the Radiology Team and the ultrasound rooms and waiting areas have now been transformed. With trees, blossoms and birds as the main themes, patients can lie on the Ultrasound couches in either room and be treated to a moving display of gently falling blossoms, or birds that appear to slowly fly across the ceiling and through branches of a tree that decorates one of the walls.

This has proved a great success and patients' comments have been very positive. Generally

they find the experience to be relaxing. It certainly takes their minds off the examination.

The transformation did not stop with the Ultrasound Rooms as any visitor to our Department can clearly see. The same trees extend into the Department corridors and waiting areas with birds in various stages of flight. Susan has also used a couple of redundant x-ray viewing boxes as an integral part of her design. Digital images have been created to resemble the sky and we now have birds flying across the blue, backlit screens. They work extremely well in the waiting areas and have proved to be a popular conversation piece for patients.

With regular comments on how lovely the Department looks I would like to say a big thank you to Anne and Susan on behalf of the Woodend Radiology staff and patients.

Cathy Russell

Superintendent Radiographer
Woodend Radiology Department



Susan T Grant, *Arboreal*

Artroom Project

We are now delighted to announce that we have been able to set up a second **Artroom** Project, this time in the new Specialist Rehabilitation Service at Woodend Hospital, and are extremely grateful to Creative Scotland, The Morningfield Association and the WRVS who will be funding this project throughout its first year. The two artists who have been appointed to work at Woodend, Anna Shirron and Susan Gauld, took up their posts in November 2010 and are looking forward to working with patients in three wards in the Rehabilitation Service over the forthcoming year.

The **Artroom** Project at Roxburghe House has now entered its third year and has been seen to play an important role in providing a meaningful, purposeful and enjoyable activity, transforming 'patients' into 'artists' and promoting a sense of control and self worth.

'The transformation of patients into artists dramatically alters how staff interact with patients. It demands a more person-centered approach, and inhibits the task-driven approach that staff often fall back on. The display of patients' artworks enhances this transformation, as well as positively influencing the physical environment for all patients and staff.'

Dr Gordon Linklater

Consultant in Palliative Care, Roxburghe House



Alistair Crabb



George McArthur



Alexander Simpson

Everyone can be an Artist

Most of us have some experience of art, mainly from school. Unfortunately at school it's usually all about detail, and then more detail - separating those that 'can' and those that 'cannot'. This restricts expression, as some individuals may just enjoy colour, or playing with materials, not in a taught or academic way but with unbridled and uninhibited gusto. What is happening in the Artroom at Roxburghe House is art being democratically open and giving permission to people, years after education, to play if they want.

Art in the Artroom and Wards at Roxburghe House is not an elaborate form of distraction but creative expression. The art and subject matter is driven by the participants. Connecting themes and a rigorous approach to building a body of artwork is standard at Roxburghe, with participants investigating and producing work on everything from pets, family outings and ornithological interests to nineteenth century clipper ships and cowboys.

Although art may not be for everyone we firmly believe everyone can be an artist.

Neal Macdonald

Lead Artist, Roxburghe House



Ena Bisset



Douglas Yeats



Janey Yates

Patron

John Bellany

GHAT Ambassadors

Professor Graeme Catto
Professor Fiona Gilbert
Professor Sir Lewis Ritchie
Professor John G Simpson

Trustees

Dr Donald G Ross – Chairman (Trustees and BOM)
Sydney Burnett
Alec Cumming
Andy Dewar
Professor Fiona Gilbert (from January 2011)
Professor Marion Hall
Professor Marie Helfrich (from January 2011)

Curator

Anne Moore

Business Manager

Sandy Milner, Carol Imray

Fundraising and Marketing Co-ordinator

Sally Turner (from February 2011)

Art Administrator

Claire Bruce (left July 2010)

Emergency Care Centre Art Co-ordinator

Sally Thomson (from January 2011)

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Andy Dewar
David Henderson
Rosemary McKenzie
Karen McKimmie
Michael Waight
Dr Allan Watson

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Sydney Burnett
Alan Gall
Andrew Jackson
Dr Gordon Linklater (from December 2009)
Terry Mackie
Tom Mason
Dr Paul Sclare
Dr Ivan Wisely

Artroom Project

Neal Macdonald, Donna Briggs

Roxburghe House Artists

Susan Gauld, Anna Shirron

Woodend Hospital Artists

Volunteers

Annette Korstanje, Kathleen Sinclair, Martin Buchan
Chris Wells, David Wood, Andrew Boyd

Auditor

Ritson Smith

Secretary to Board of Trustees

Erlend Flett, Raeburn Christie Clark & Wallace

Statement of Financial Activities 2009/10

	2010	2009
	£	£
Incoming Resources		
Voluntary income – donations and grants	166,548	321,825
Activities for generating funds – commission on sales, sales of CDs	8,485	5,629
Investment income	25	773
Total incoming resources	175,058	328,290
Resources Expended		
Cost of generating funds – printing, advertising, refreshments	1,527	2,772
Charitable activities – activities undertaken directly	99,205	85,039
	– support costs	21,001
Governance costs – legal and audit fees	4,320	3,623
Total resources expended	125,384	112,435
Net incoming resources for the year	49,674	215,855
Increase/(Decrease) on revaluation of artworks	28,445	643
Net movement in funds during the year	78,119	216,498
Balances brought forward at 6 April 2008	1,614,513	1,398,015
Balances carried forward at 5 April 2009	1,692,632	1,614,513
Represented by		
Artworks & sculptures	1,612,174	1,562,992
Other fixed assets	3,700	2,833
Other assets	126,392	65,449
	1,742,266	1,631,274
– Liabilities	(49,634)	(16,761)
Total	1,692,632	1,614,513

Acknowledgements

Key Supporters

NHS Grampian
NHS Grampian Endowments

Grants

Aberdeen City Council
The ARCHIE Foundation
Creative Scotland
Friends of Roxburghe House
The Lily Charlton Trust
The Morningfield Association
WRVS



Thanks to

Aberdeen Antique Centre
Aberdeen Artists Society
Aberdeen College
Don Addison
Art in Hospital
Claremont Studio
Compass Print
Jeanne Ellin
ExxonMobil
Friends of GHAT
GHAT Art Advisors
Gray's Graduates Society
Gray's School of Art
Iain Morrison
Maersk North Sea
National Hyperbaric Centre
Peacock Visual Arts
Peltoniemi
Raeburn Christie Clark and Wallace
Shell UK Limited
Smart Consultants
Talisman Energy (UK) Limited
University of Aberdeen

Photography Donna Briggs, Mike Davidson,
Stuart Johnstone

Lesley Cullen, *Aberdeenshire Landscape*



Artists in The Collection

A

Victoria Achache
Norman Adams
Donald Addison
Michael Agnew
A.N. Aitkenhead
Laura Aikenhead
Gavin Alexander
Patrick Alexander
Sophie Alln
John Paul Allon
Carmen Ambrozovich
Blair Anderson
Deborah Anne Anderson
Michelle Anderson
Keith Andrews
Brownlee Armour
Malcolm Appleby
Derek Ashby
Nina C M Ashby
Malena Astrom
David Atherton
Eric Auld

Marco Bevilacqua
Julie Beynon
Bima
Charles Birnie
Alison Black
Gwen Black
B R Blacklaws
Paul Bloomer
Frank Boag
Kirsten Body
Anna Boggon
Marj Bond
Sheena Bowman
Michael Bradshaw
Andrew Braidwood
Jacki Brandie
Michael Brennand-Wood
Donna Briggs
Colin Brown
Erland Brown
J Gordon Brown
Gordon Bryce
Dennis Buchan
Jim Buckley
Joan Burgoyne
Gordon Burnett
Syd Burnett
Alexander Burns
Deborah Burr
Robbie Bushe
Rosemary Bushe
Howard Butterworth
Donald Buyers
Keith Byres

C

Joan Backes
Ruth Bailey
Robert Bain
Robin Banks
Lesley Banks
Jo Barker
Neil S Barr
Peter Barton
Bob Batchelor
Bill Baxter
Jenna Baxter
Sandra Baxter
Michael Beagrie
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JG Beattie
Reinhard Behrens
John Bellany
Zoe Benbow
Jill Benzies
Roy Benzies
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Allan Beveridge

William Cadenhead
Joyce Cairns
Kelly Anne Cairns
Tom Calder
Bob Callender
Euan Cameron
Mary Cane
Gill Caplan
Iain Carby
Val Carr

D

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Kiran Chahal
Belinda Channer
June Chapman
Tessa Charles
Louise Charlton
Linzi Chalmers
Malcolm Cheape
George Cheyne
Fiona Clarke
Gordon Clarke
Jonathon Claxton
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Maggie Clyde
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George Collier
Julia F Colquitt
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Dilys Connon
WJ Connon
Susan Convery
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Christopher Cook
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James Cramb
Andrew Cranston
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Coleen Cruickshank
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K T Duffus
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Lennox Dunbar
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Isla Duncan
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Philip Duthie
W A Duthie

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Ilene Erskine
Benni Esposito
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Lynsey Ewan
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F

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Ann McLuskey

Andrew McMorrine
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Anne McNeil
Sophie McPherson
Harris McPherson
Karen McPherson
Mike McPherson
Willie McPherson
John McRae
James McRobb
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Meta Meston
Edwin Mickleburgh
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Milan Milojevic
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Sylvia Wishart
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J Ian Young
Shirelle Young

**Yellow Line For
X-Ray Waiting
Area**





Rebecca Prentice, *Feather Girl*

Grampian Hospitals Art Trust
Using art for the benefit of patients, staff and visitors in NHS Grampian for 25 years